

# ENHANCED BEGINNER SKILLS

Your next step after  
the Intro Course!

**STARTS MARCH 30TH**

**ONLINE  
MONDAYS  
6:00 PM EST**



## DATES

MARCH 30TH

APRIL 6TH

APRIL 13TH

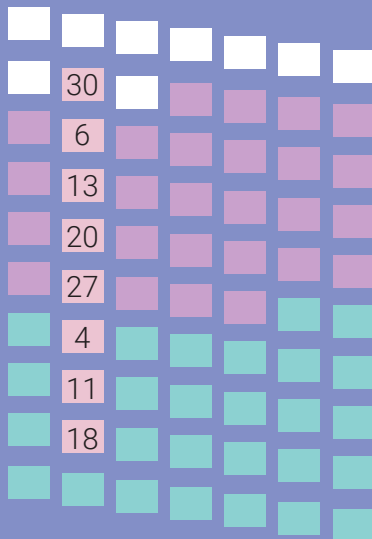
APRIL 20TH

APRIL 27TH

MAY 4TH

MAY 11TH

MAY 18TH



**EEG Learn**



## WITH MARY AMMERMAN

Clinical Psychologist, Psy.D.  
VP, Institute for Applied Neuroscience

"A lot of neurofeedback providers, when they're first starting out, try to memorize every single detail. You can't anticipate every situation you're going to run into. But if you have a context or a framework for understanding neurofeedback and you get a few main principles learned then that context helps you remember the details..."

**SIGN UP TODAY!**

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# ENHANCED BEGINNER SKILLS

WITH DR. MARY AMMERMAN

Live Webinars  
8 one hour sessions

Cost: \$395 USD

Email: [info@eeglearn.com](mailto:info@eeglearn.com)

Register at: [www.eeglearn.com](http://www.eeglearn.com)



EEGLearn



Strengthen your understanding of the neurofeedback process. From assessment and first client discussions, to setting protocols, learning to master the EEG and effective coaching strategies, Dr. Mary Ammerman will help you develop confidence.

- Session 1:** Overview of NFB and Brain Basics every NFB provider should know
- Session 2:** Arousal Model Review and how it relates to the EEG
- Session 3:** Assessing Arousal – Symptom Checklist and Baseline EEG Recordings, consisting of CZ eyes open and PZ eyes open/eyes closed. Learn Age Norms for CZ recordings, theta/beta ratios, how to find PDR at PZ, and how to assess changes in alpha amplitudes at PZ from eyes open to eyes closed
- Session 4:** Understand common arousal patterns, guidelines for prioritizing EEG issues, and a protocol decision tree. This will include a discussion of protocols for disordered arousal
- Session 5:** Preparing your client – explaining neurofeedback, establishing realistic goals. Understand the importance of recruiting your clients' intentionality and how this process can differ when working with children vs. adults
- Session 6:** Review Elements of the therapist screen. Start to notice the raw signal. Review of what the amplitudes should be during training for different ages/protocols. Start discussing thresholds and what they do
- Session 7:** Using F11 to manage thresholds vs. manual adjustments & coaching strategies you might use to help your clients
- Session 8:** Guidelines for knowing when and how to make protocol adjustments. Reviewing clients' reported responses to training as well as any actual changes they've made in their EEG

## MONDAY EVENINGS EST

MARCH 30TH	6PM EST
APRIL 6TH	6PM EST
APRIL 13TH	6PM EST
APRIL 20TH	6PM EST
APRIL 27TH	6PM EST
MAY 4TH	6PM EST
MAY 11TH	6PM EST
MAY 18TH	6PM EST

## AEST TUESDAY MORNINGS

MARCH 31ST	9AM AEDT
APRIL 7TH	8AM AEST
APRIL 14TH	8AM AEST
APRIL 21ST	8AM AEST
APRIL 28TH	8AM AEST
MAY 5TH	8AM AEST
MAY 12TH	8AM AEST
MAY 19TH	8AM AEST



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